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Plants~~

She fully describes the
categorically arranged 65 plants,
from bamboo to redbud and ginkgo,
providing how-to discussions on
harvesting and preparation. Eye-
catching sidebars on legality, quick
plant identification, food-
preparation tips, and more
accompany the main text, which is

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abundantly illustrated with full-color photos throughout.

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She fully describes the categorically arranged 65 plants, from bamboo to redbud and ginkgo, providing how-to discussions on harvesting and preparation. Eye-catching sidebars on legality, quick plant identification, food-preparation tips, and more accompany the main text, which is abundantly illustrated with full-color photos throughout.

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Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat 240. by Ellen Zachos |

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In Ellen Zachos ' Backyard Foraging (Storey Publishing, 2013), I ' ve found my answers. Zachos outlines 65 different edible plants, organized into sections according to the parts of the plant that you eat: leaves and stems; flowers and fruits; nuts and seeds; roots, tubers, and rhizomes; and superstar plants with many edible parts.

~~65 Backyard Plants You Didn't~~

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~~Know You Could Eat — Gardenista~~

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Ornamental plant; Weeds; PLUS a catalog of plants and pollutants to avoid, including dangerous flora, pesticides, other other toxins. You'll be amazed by the number of edible and nutritious plants nearby. Step into your backyard to start simple and safe foraging. Product dimensions: 7 x 0.5 x 9 inches.

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Backyard Foraging: 65 Familiar Plants You Didn ' t Know You Could Eat is a New Trade Paperback available to purchase and shipped from Firefly Bookstore in Kutztown, PA. The author is Ellen Zachos. This was released by Storey Publishing, LLC in March 2013. The 10-digit ISBN is 1612120091. The 13-digit ISBN is 9781612120096.

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Now it's time to discover the many surprisingly edible plants found in

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backyards, lawns and parks.

Foraging doesn't have to be hard or scary. Backyard Foraging brings foraging home to the neighbourhood. There's the lawn full of sheep sorrel, chickweed, dandelion and pineapple weed. Vacant lots host edibles like sumac, purslane, or Japanese knotweed.

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Includes tips on common flowers, mushrooms, ornamental plants, and weeds usually located in suburban and urban locations. Also, assists in knowledge of dangerous flora, pesticides and pollutants. You'll be amazed by the number of plants which are edible and nutritious. Step into your backyard to start

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Simple and safe foraging.

Could Eat

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Backyard Foraging: 65 Familiar Plants You Didn't Know You Could Eat Ellen Zachos. You don't need to trek into the forest to forage edible plants. Ideal for first-time foragers, this book features 70 edible weeds, flowers, mushrooms, and ornamental plants typically found in urban or suburban neighborhoods. You'll be amazed by how many of the ...

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Backyard Foraging : 65 Familiar Plants You Didn't Know You Could Eatby Ellen Zachos. There's food growing everywhere You'll be

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amazed by how many of the plants you see each day are actually nutritious edibles. Ideal for first-time foragers, this book features 70 edible weeds, flowers, mushrooms, and ornamental plants typically found in urban and suburban neighborhoods.

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You Didn't Know You Could Eat (Storey Publishing, 2013). Go figure. The funny thing is that for as long as I can remember, my mom has planted hosta in the rock garden and other places around my childhood home in Connecticut.

~~Eat Your Ornamentals: Backyard Foraging with Ellen Zachos ...~~

Now it's time to discover the many surprisingly edible plants found in backyards, lawns and parks. Foraging doesn't have to be hard or scary. Backyard Foraging brings foraging home to the neighbourhood. There's the lawn full of sheep sorrel, chickweed, dandelion and pineapple weed.

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Vacant lots host edibles like sumac, purslane, or Japanese knotweed.

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Ellen Zachos is a Harvard graduate and the author of seven books including Backyard Foraging: 65 Familiar Plants You Didn ' t Know You Could Eat, and The Wildcrafted Cocktail. Her Backyard Forager calendar (for 2021) has just been published, and she writes a regular foraging column for Edible New Mexico magazine.

~~GardenComm Virtual Conference 2020~~

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