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## Free Tutorial: Routine Mastery

Daily routines and habits boost creativity. As we wrote in our Guide to Being More Creative, there's no such thing as a creative muse. Instead, the most creative ideas come from working consistently and putting in the time. Habits and routines drive you forward. More than anything, your habits and routines are what help you see progress and motivate you to do more. Stop the distractions, get ...

## The 21 Daily Routines and Habits of Highly Productive ...

Creating a daily routine seems daunting at first, but you will soon reap the rewards when your productivity soars, morning meltdowns are reduced, and you find you actually have pockets of free time throughout the day or week. Even better? Nothing is written in stone so if your daily routine doesn't work perfectly at first, simply make some tweaks until you find the ideal daily routine. Related ...

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earlier in the day. Keep in mind that how you end the day is ...

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THE VERDICT. Having daily routines is essential in life and beneficial - to a point. Routines can help you study better, work more efficiently, and have greater control over your life.

## 8 Pros & 8 Cons of a Daily Routine | by MyLeanMBA | Medium

In the words of Tony Robbins says, "The secret of your success is found in your daily routine. ... CLICK HERE to watch the full 60-minute version inside Morning Ritual Mastery! (8 votes, average: 10.75 out of 5) Loading... Filed Under: MINDSET, MOTIVATION & INSPIRATION, PRODUCTIVITY & TIME MANAGEMENT, RECOMMENDED Tagged With: apple cider vinegar, be proactive, beliefs, body, checklist ...

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