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I'm the founder and leader of Optimize. I love studying and embodying wisdom while helping people Optimize their lives so we can change the world together. Before we talk more about me, let's talk...

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## *Philosopher's Notes – Optimal Living 101*

Brian is a serial-entrepreneur, deep-thinker, relentless-reader and modern-day philosopher. If you like the book summaries on Faster To Master, you will love his “ Philosopher's Notes “. But his best works (so far) are his Optimal Living 101 course and his Master Classes. They're a synthesis of all he's read and discovered.

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